



Barbara Holmes				260.25
Wesham Summer 10k	6.21	28/05/2025	88.15	
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	86.07	
Stanley Park 10k	6.21	22/02/2026	86.03	
Catherine Carrdus				217.77
Great North West Half	13.10	15/02/2026	73.11	
St Annes 10	10.00	25/01/2026	72.36	
Guilden Sutton 10k	6.21	21/09/2025	72.30	
Claire Markham				211.03
Spring Farm Yard Five	5.00	24/04/2025	70.99	
Pendle Witches	6.21	26/10/2025	70.57	
Lancaster Three Bridges	6.21	13/04/2025	69.47	
Clare Taylor				144.40
Blackpool Interclub 2025	4.00	02/04/2025	73.49	
Preston Harriers Interclub 2025	4.00	11/06/2025	70.91	
Dan Gregson				191.21
Wesham 10k	6.21	29/11/2025	64.72	
Wesham Summer 10k	6.21	28/05/2025	63.29	
Blackpool Interclub 2025	4.00	02/04/2025	63.20	
Dave Booth				139.07
Manchester Half	13.10	12/10/2025	49.39	
Carnival 5k	3.11	13/07/2025	47.62	
TCM London Marathon	26.20	27/04/2025	42.06	
Debbie Barry				144.10
Preston Harriers Interclub 2025	4.00	11/06/2025	72.31	
Blackpool Interclub 2025	4.00	02/04/2025	71.79	
Dom Kirby				142.12
Preston Harriers Interclub 2025	4.00	11/06/2025	71.32	
Spring Farm Yard Five	5.00	24/04/2025	70.80	

Gill Draper			145.76
Blackpool Interclub 2025	4.00	02/04/2025	78.86
Preston Harriers Interclub 2025	4.00	11/06/2025	66.90
Gillian Anderson			187.42
Wesham 10k	6.21	29/11/2025	63.33
Blackpool Interclub 2025	4.00	02/04/2025	62.81
St Annes 10	10.00	25/01/2026	61.28
Graham Webster			154.19
Preston Harriers Interclub 2025	4.00	11/06/2025	77.34
Blackpool Interclub 2025	4.00	02/04/2025	76.85
Greg Ashworth			149.11
Blackpool Interclub 2025	4.00	02/04/2025	51.67
Blackburn Winter Warmer	6.21	01/02/2026	50.91
Preston Harriers Interclub 2025	4.00	11/06/2025	46.53
Greg Oulton			190.64
Blackpool Interclub 2025	4.00	02/04/2025	65.08
Preston Harriers Interclub 2025	4.00	11/06/2025	63.46
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	62.10
Jayne Kirkham			113.22
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	56.75
Windmill 10k	6.21	09/11/2025	56.47
Jo Goorney			166.30
Blackpool Interclub 2025	4.00	02/04/2025	83.73
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	82.57
John Bertenshaw			223.06
Guilden Sutton 10k	6.21	21/09/2025	75.28
Ulverston 10k	6.21	07/12/2025	74.28
Preston Harriers 10	10.00	16/11/2025	73.50
Jonathan Tuck			151.44
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	76.14
Preston Harriers Interclub 2025	4.00	11/06/2025	75.30

Julia Rolfe			219.28
Blackpool Interclub 2025	4.00	02/04/2025	74.33
Valentines 10k	6.21	15/02/2026	73.35
Carnival 5k	3.11	13/07/2025	71.60
Kathy Gaunt			159.72
Windmill 10k	6.21	09/11/2025	81.40
Lancaster Riverside Half	13.10	17/08/2025	78.32
Kirsten Burnett			193.49
Blackpool Interclub 2025	4.00	02/04/2025	73.60
Lancaster Three Bridges	6.21	13/04/2025	60.57
Spring Farm Yard Five	5.00	24/04/2025	59.32
Leanne Nield			146.84
Blackpool Interclub 2025	4.00	02/04/2025	74.31
Preston Harriers Interclub 2025	4.00	11/06/2025	72.53
Luisa Haylett			201.18
Blackpool Interclub 2025	4.00	02/04/2025	68.20
Wesham Summer 10k	6.21	28/05/2025	66.58
Wesham 10k	6.21	29/11/2025	66.40
Mel Koth			230.00
Blackpool Interclub 2025	4.00	02/04/2025	78.72
Central Lancs Half	13.10	11/01/2026	75.93
Preston Harriers Interclub 2025	4.00	11/06/2025	75.35
Paul McAllister			173.79
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	59.00
Preston Harriers Interclub 2025	4.00	11/06/2025	58.17
Blackpool Interclub 2025	4.00	02/04/2025	56.62
Peter Reid			171.14
Blackpool Interclub 2025	4.00	02/04/2025	58.09
Thornton Cleveleys Interclub 2025	5.00	24/06/2025	56.85
Preston Harriers Interclub 2025	4.00	11/06/2025	56.20

Richard Storey				173.68
Thornton Cleveleys Interclub 2025	5.00	24/06/2025		58.79
Great Birmingham Half	13.10	04/05/2025		58.05
Blackstick Blue	6.21	11/05/2025		56.84
Simon Nield				133.91
Blackpool Interclub 2025	4.00	02/04/2025		67.28
Preston Harriers Interclub 2025	4.00	11/06/2025		66.63
Stephen Rodwell				228.13
Stanley Park 10k	6.21	22/02/2026		76.21
Manchester Half	13.10	12/10/2025		75.99
Valentines 10k	6.21	15/02/2026		75.93
Stephen Wise				210.08
Blackpool Interclub 2025	4.00	02/04/2025		72.12
Spring Farm Yard Five	5.00	24/04/2025		70.76
Blackstick Blue	6.21	11/05/2025		67.20
Steven Pepper				210.92
Spring Farm Yard Five	5.00	24/04/2025		71.93
Blackpool Interclub 2025	4.00	02/04/2025		70.80
Thornton Cleveleys Interclub 2025	5.00	24/06/2025		68.19
Sue Hawitt				226.95
Blackpool Interclub 2025	4.00	02/04/2025		78.95
Preston Harriers Interclub 2025	4.00	11/06/2025		74.39
Thornton Cleveleys Interclub 2025	5.00	24/06/2025		73.61
Vicki Richardson				159.20
Blackpool Interclub 2025	4.00	02/04/2025		55.31
Thornton Cleveleys Interclub 2025	5.00	24/06/2025		52.30
Preston Harriers Interclub 2025	4.00	11/06/2025		51.59
Xavia Cooper				208.75
Power of 5k (November)	3.11	28/11/2025		71.57
Myerscough 10	10.00	07/12/2025		68.63
Windmill 10k	6.21	09/11/2025		68.55
